



BUKOTO DIGEST

**JANUARY
2022**



Rotary International President's Message

Shekhar Mehta
President 2021-22



One of Rotary's founding principles was to use your vocation — whether as a doctor, lawyer, engineer, or another profession — to do good in the world. As we attempt to overcome and recover from the pandemic, this principle is vital in retraining people who have lost their jobs. In response, the Rotary E-Club of Tamar Hong Kong organized seminars for young people, with the aim of preparing them for the changing world of work.

This type of training must happen on a large scale. According to the United Nations, global unemployment is expected to exceed 200 million people in 2022. Women and youths are likely to be disproportionately affected.

This is why I've placed such a strong emphasis this year on projects that empower girls, and I've been delighted to see some of these projects in action. Of course, access to education and the path to employment can be blocked by a lack of water and sanitation infrastructure.

A project in Pune, India, focuses on providing girls and women with an affordable, reusable sanitary pad. The project provides employment for production and distribution of the pads, and it will reduce the pollution caused by the disposal of 12.3 billion sanitary napkins in the country annually, many of which end up in India's landfills.

Others have used vocational service to advance the empowerment of women. The Rotary Club of Poona, India, conducted workshops to teach martial arts to young women, for self-defense against the threat of abuse or human trafficking.

I've also been fortunate to use my vocation to do

good through Rotary. The Indian Ocean tsunami in 2004 devastated the Andaman and Nicobar Islands, which are part of my district. Thousands of homes were destroyed, and many areas lost electricity and running water. On my visit to Little Andaman Island, the builder in me immediately wanted to build homes for the homeless islanders there. We decided to construct 500 homes on Little Andaman.

On the last of my seven trips to the island, I could see something glimmering below as my helicopter was about to land. I realized that what I was seeing were the roofs of new homes. I was overjoyed by the sight, and soon a realization dawned upon me. As a builder I had built many beautiful buildings. In comparison, these 500 homes were the most ordinary buildings I had ever built, and they were in a place I likely will never visit again, for people I will never meet again. And yet the satisfaction I had in handing over these houses was greater than from anything I had previously built. Probably because for once I was using my vocation to Serve to Change Lives.

You, too, may have had opportunities to use your vocation to Serve to Change Lives. I welcome your stories of performing vocational service through Rotary. Also, I want to close by congratulating every club that has engaged with the Each One, Bring One initiative, which asks every member to introduce one person to Rotary. Increasing our membership gives people from all walks of life the opportunity to share their knowledge and skills in transformational service.

RC BUKOTO

President's Message

Edith Mugwisha
President RC Bukoto
2021-22



Greetings, Rotarians, Rotaracters, and friends. First and foremost, as President, I hope that wherever you were in the world during the Christmas season, you were able to spend time with your families and loved ones in some capacity.

I'd like to extend my New Year's greetings to you as 2021 comes to a close on what has been another turbulent year, but it has not been without rewards thanks to the projects we've undertaken in 2021. I'd like to express my gratitude to you, our members, donors, project partners, and friends, for your service and support. We would not have been able to accomplish so much without your individual contributions. This point marks the start of the second half of our Change Maker Year. I'm looking forward to kicking off 2022 with my fellow Rotarians, making a difference in our community, and discovering new ways to be a "gift to the world."

As we look back on 2021, we remember with sadness the late PP Robinah Lubwama and all other Rotarians who died in 2021. They left their imprints on the communities they served as well as on our hearts. We were fortunate to have them accompany us on our Rotary journey side by side.

January is Rotary Vocational Services Month. What exactly does Vocational Services entail for Rotarians? Rotary places a premium on integrity and high ethical standards, which can serve as a guidepost for our behavior both professionally and personally. We also value all useful occupations and regard each Rotarian's occupation as an opportunity to serve our community and the world. Vocational Services encourages Rotarians to empower others by applying their unique skills and expertise to community needs.

We are all encouraged to talk about our professions and learn about those of our colleagues. Furthermore, we are called to use our skills and expertise to serve to change lives. As Rotarians, we practice our professions with integrity and inspire others to do the same through our words and actions. We have a role and responsibility to assist young people in

achieving their career goals and to promote lifelong learning in our workplace and community. We hold ourselves and others to a high standard through our 4 Way Test and the Rotary Code of Ethics.

Rotary International is challenging clubs with the Each One, Bring One initiative, which asks each member to introduce one new person to Rotary. It would be fantastic to see Rotarians invite and engage guests from occupations and backgrounds that we do not currently have on our roster. Is there a business sector that our club is lacking in? Or a segment of the community that is underrepresented in our meetings and service projects? Who could you invite to help broaden our club's membership?

Please include the Each One, Bring One initiative in your list of 2022 goals. Our club's future is dependent on active members.

Thank you for being the gift you are to the world and to our club. I wish you all the best as we embark on an exciting year ahead.

State of Malaria and Vijana Poa Projects

Helen Oguli, Director, Service Projects

MALARIA PROJECT

Under improved Primary Health Care Project supported by the Rotarian Malaria Partners of Uganda, the Rotary Club of Bukoto was one of the Clubs which were selected to implement a one-year project on how to improve primary health care, and in particular, help fight malaria. This project was to run from October 2020 to October 2021. Due to inconveniences brought about by Covid 19, it was extended by two months to the 31st of December 2021.

The Club selected one of its areas of operation, the Mulimira Zone in the slums of Bukoto to implement the project.

To achieve its goal, the Project aimed at:

1. Increase awareness and community participation on malaria preventive measures
2. Improve communication and collaboration with district or division health department, health centres and other partners working on prevention of malaria
3. Train health care professionals/community workers, VHTs on primary health care, service delivery, malaria drug management, integrated management of childhood illnesses and malaria prevention
4. Provision of 2000 mosquito nets, treatment and response.

When the current directorate took over the project in July 2021, a number of activities had already been done such as training, sensitisation and fumigation. From August to December 2021,

two fumigation and sensitisation sessions against mosquitoes were carried out.

On September 8th 2021, a half day workshop was held at Makerere University with the aim of finding a way forward after the project closure on 31st December 2021. Partners at the workshop included: KCCA, Ministry of Health, Community representatives and LCs of Mulimira Zone, the Rotary Club of Bukoto and the Rotaract Club of Bukoto. Representing the Club were President Mujwisa and Rtn Helen Oguli, Director Service Projects. Several resolutions were passed to enable the community to continue from where the project has stopped.

The end of the Project was marked by cleaning carried out by the community on the 22nd of December. Two trucks were hired to ferry the rubbish and fumigation was done.

A final Report of the project is almost ready. This report will be handed to the Club before the end of this month.

Sincere appreciation and thanks to Rtn Edith Kakuba and the late Robinah Lubwama Lutaaya (RIP) for setting the pace for this project and Hajjat Nyombi for the great role she has played in its successful execution, without forgetting the current President and the Projects directorate for bringing this project to a successful end.





VIJANA POA PROJECT:

As we close the Malaria project, the Club is embarking on a new project on Vijana Poa. This project is the brainchild of PDG Bob Waggwa Nsibirwa. The aim of the project is to address youth unemployment challenge. It will assist the youth to have a proper attitude which can help them get employment, or they can develop their entrepreneurial skills so as to earn a living.

Under the Rotary Global Grant GG 3330212, the Rotary Club of Bukoto is one of the clubs selected to work in partnership with the Rotary Programme to execute the project.

In preparation for the execution, the Club has done a lot of preparatory work.

To better understand the project, a number of speakers were invited by the Club to speak on the subject. It was also meant to enable the projects directorate and management to understand how to formulate the project.

On 27th and 28th October 2020, A community based worker Hajjat Nyombi, helped carry out part of the requirements of the Needs Assessment

on the Club's behalf by holding interviews, community mapping and other observations. A Community Needs Assessment with youth of Mulimira Zone was held at Eden Primary School, Bukoto on 1st November 2021. This was in conformity to the requirements of the project. Participating were the youth, Hajjat Nyombi, President and Director Projects. Priority areas of interest were identified as follows: electronics, mechanical, catering, hair dressing, knitting. The previous week, a similar exercise was held with the teachers at Kabutemba. They were more interested in agriculture.

Together with the teachers at Kabutemba, 35 youth have been identified to become the first cohort of Vijana Poa training slated to start in January 2022. Initially, this project will run for one year. It will be scaled up next year as more funds become available.





**Rtn. Deo Katekere
Rubongoya**

BUILD FIRST TIME RIGHT "Why You Need a Construction Project Manager"

Often times when we meet with potential clients, we are asked why they should consider hiring a construction project manager. Many times they feel the General Contractor and themselves as Owners can effectively manage and build the project. In some cases they may be able to, but more often than not we see the need to hire an experienced Construction Project Manager to assure success in a project. Often times when we meet with potential clients, we are asked why they should consider hiring a construction project manager.

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First let's start off by defining a Construction Manager: Construction Managers are professionals engaged by the owner of a construction project to act as their representative and advocate for the project Owner throughout the course of the project. In the case of building construction, the construction manager would oversee all phases of the project, including permitting, site work and preparation, building construction and finishing. Construction Project Managers can also be involved in the pre-construction process from programming a project to managing the design and entitlements process.

Here are 5 key reasons why a Construction Project Manager will be valuable to your project:

1. Design Team Selection – The first part of starting a successful project is choosing your design team. Having an experienced Construction Project Manager on board can be instrumental in qualifying and choosing the right design team. Typically they will know who the strong firms are in your area and can advise accordingly. Additionally, the Construction Project Manager can conduct the interviews when it comes to designer selection.
2. Value Engineering – Getting a Construction Project

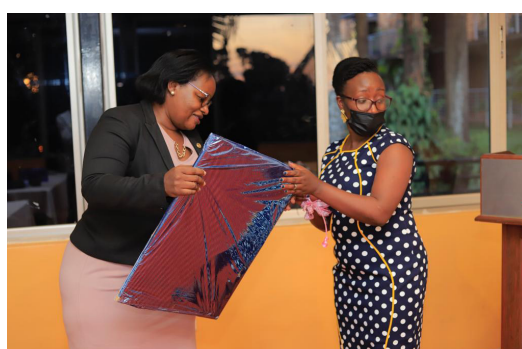
Manager on board in the pre-construction phase to manage the design consultants is critical for costs savings since the Construction Project Manager can suggest construction methods and materials that ultimately will reduce cost and improve quality. Successful Value Engineering can lead to substantial time savings in the schedule.

3. Construction Budget – An Experienced Construction Project Manager can either create or assist with creating the overall Construction Budget. Fine tuning the budget to really understand what the cost of the project is going to be is critical. Depending on the size and resources of the Construction Project Managing firm hired, they can create the budget themselves or they can team up with an experienced General Contractor to create the budget. The benefit of having a detailed budget is to check numbers from General Contractors come time for bid.
4. Contract & Budget Management – The hired Construction Project Manager will not only qualify the design team and General Contractor, will help decide on the type of contracts to be used ensuring that the Owner's best interests are met. The Construction Project Manager will also monitor and manage the budget throughout the course of construction. This includes reviewing monthly billings by the General Contractor as well as reviewing Change Orders that get sent over. A knowledgeable Construction Project Manager will know if billings and change orders are acceptable.
5. Schedule – An experienced Construction Project Manager will monitor the schedule closely and suggest making adjustments to keep the schedule on track. The Construction Project Manager will be in constant contact with the design team or the general contractor to make sure they are meeting milestones as agreed to in the contract.

"By wisdom a home is built, and by understanding it is established" - Proverbs 24:3

Build wisely, build first time right this year 2022 by seeking professional services of a Construction Project Manager
Happy New Year 2022

RC BUKOTO members CHRISTMAS GIFT EXCHANGE





Parenting Today, Crises Tomorrow?

By Dr. Nabila Farhat Siddiqui

Growing up, I recall, it was part of our academic and social training to first be a good human being before all else. My parents would counsel us for hours on end, about the importance of being good to siblings and friends, not to tell lies, on being honest and trustworthy, to be respectful to our elders, being caring towards the needy, and the list goes on and on. Outside of home, at school, we would have our teachers and head teachers too imbibing this into us during classes and assemblies.

Unsurprisingly, it became second nature to us.

Upon reflection, and having dealt with numerous families, I ask myself if we, as a society, are following the same norms in the upbringing of our children? Are they instilled with values of our cultures and community? Do they stop to help the needy? Do they reflect on their behaviour when they've done something they shouldn't have?

I think this is something all parents and adults must ponder upon: I see a crisis here... a crisis where society is not setting a good enough example on the kind of global citizens our children should grow up to become.

In today's busy world where parents are sacrificing time and energy to be successful - earn a living and support a family, to be able to provide a good education for our children, to give the family a beautiful home installed with all the latest gadgets, to give them beautiful holidays abroad - we have forgotten to live and to be human. The drive for all these and more, have blocked our power to reflect and focus on being more than what we are. The vigour to succeed in our jobs and careers has left us behind in the more humble teachings of being a caring, loving, truthful, compassionate and forgiving member of the community.

If this is what we are, then are we being good examples to our children and to the next generation?

As educated parents, we want to be understanding and bring up our children without demoralizing them. We want to nestle them as friends. This is ideal, but where do we draw the line? How do we take control of the situation when our children play on our emotions and love to get their way?

A few scenarios that I have seen happen in social settings lately:

- A child may pass you by without stopping to greet, and this is a child whose parents are amongst your closest friends. You meet this child almost every weekend, yet every time you see them, they look at you and continue with their games without as much as acknowledging your presence.
- Children will be running around screaming while someone gives an important speech about their life's work, is this not disrespectful?
- Children serving themselves a meal, which I would normally encourage as independence, but without the supervision of an adult, children serve themselves in heaps and often leave most of it uneaten.

What are we, as parents and adults, doing to ensure we have imparted etiquette to our children? Let us all reflect on our parenting strategies and philosophies. Without immediate change in the way we guide our children, I foresee an enormous amount of crises occurring - crises that I am yet thinking of a title for.

